



The post-wedding *survival kit.*

A 7-day checklist for the week no one warned you about — between the last toast and back-to-real-life. Print it. Stick it on the fridge. Cross things off.

1 DAY ONE Sleep, then triage

- Get cash gifts out of the hotel room and into a safe or your bag
- Designate one card box — every card, sealed, in one place
- Hang the dress (don't fold); store the suit somewhere safe
- Eat a real meal — structural, not optional

2 DAY TWO Open the cards & start the gift log

- For each card, log: giver, gift, address, one specific memory
- Keep it all in one spreadsheet (not three apps)
- Match cards to gifts while your memory is still warm

3 DAY THREE Vendors, while it's fresh

- Write your photographer's review first
- Venmo any last-minute tips you forgot day-of
- Send a short thank you to standout vendors — buys real goodwill

4 DAY FOUR The boring government stuff

- Confirm the officiant filed the marriage license
- Start the name change: Social Security → DL → passport
- Return rentals (tuxes, linens, arch frames) before late fees
- Note: update beneficiaries on retirement & life insurance

5 DAY FIVE Returns & exchanges

- Pull the registry; flag duplicates and won't-use gifts
- Process before the 90-day window closes — most are online
- Take store credit when it's easier than cash

6 DAY SIX The thank-you note plan

- Format: real notes written with a pen, never fake-signature print
- Cadence: cash/checks in 2-4 weeks; all notes within 3 months
- Workflow: upload your Day 2 spreadsheet to **Grateful** — each note written with a real pen and mailed for you

7 DAY SEVEN One real meal, no wedding talk

- Pick a restaurant neither of you booked, Pinterest-boarded, or argued over a deposit for — and order something you didn't taste at a tasting
- One rule, two hours: nobody says "seating chart," "favors," or "videographer" — anything else is fair game
- Make it through dinner without breaking the rule and the post-wedding week is officially over